



Lent, Holy Week & Easter 2024

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|-----------------|--------------------------------|
| Ash Wednesday | 14 th February 2024 |
| Palm Sunday | 24 th March 2024 |
| Maundy Thursday | 28 th March 2024 |
| Good Friday | 29 th March 2024 |
| Easter Saturday | 30 th March 2024 |
| Easter Day | 31 st March 2024 |

Please see enclosed a programme of special services and events for Lent Holy week and Easter.

You can also visit our website at
www.allsaints-gosforth.org.uk

Lent 2024

The forty days of Lent are traditionally a time to reflect on our relationship with God and grow in self-awareness. There will be a range of opportunities to explore the meaning of this in both worship and groups as we prepare for the events of Holy Week and the great festival of Easter.



Wednesday 14th February 2024

7.30pm Eucharist with the Imposition of Ashes

**Morning Prayer at 8.45am on each weekday
except Friday**

Sundays in Lent

15 minutes of Prayer at Evening Prayer 6.30pm

Speakers are asked to share:

- One or two stories from their experiences of praying.
- Stories about a time when they were taught, or discovered, something about prayer, that they found meaningful.
- Times when praying has felt like a struggle or a disappointment
- How the ways that their praying has changed
- What helps them to pray in the ordinary times of life

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| 17 th February | – | Revd Malcolm Railton |
| 26 th February | – | Revd Canon Andrew Shipton |
| 3 rd March | – | Deanery Evensong at St Columba's |
| 10 th March | – | Revd Dr Miriam Jones |
| 17 th March | – | Charles Foister |

LENT STUDY GROUPS

This year's Lent course will be based on reflections on the Prayers of Jesus.

Monday Evening 7.15pm

First Session 19th February Last Session 18th March
Venue: 41 Balmoral Terrace, South Gosforth

Wednesday Afternoon 3.00pm

First Session 21st February Last Session 20th March
Venue: 103 Kenton Road, Gosforth

Thursday Afternoon 2.00pm

First Session 22nd February Last Session 21st March
Venue: 9 Elgy Road, Gosforth

Holy Week through Medieval Eyes

During Holy Week Miriam will be giving a short address with Compline at 7.30pm. The overall theme will be "Holy Week through Medieval Eyes", with subtitles:

Monday 25th March

Gethsemane

Tuesday 26th March

The Cross

Wednesday 27th March

Holy Saturday

Palm Sunday and Holy Week

Palm Sunday 24th March

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|--------|-----------------------------------|
| 8.00am | Holy Communion |
| 9.30am | Procession of Palms and Eucharist |
| 3.00pm | Holy Communion in the Centre |
| 6.30pm | Stations of the Cross |

Monday 25th March

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| 7.30pm | Compline and talk. Holy Week through Medieval Eyes – Gethsemane |
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Tuesday 26th March

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| 9.45 – 10.15am | Peaceful Reflection |
| 10.15am | Holy Communion |
| 7.30pm | Compline and talk. Holy Week through Medieval Eyes – The Cross |


Wednesday 27th March

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| 7.30pm | Compline and talk. Holy Week through Medieval Eyes – Holy Saturday |
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Maundy Thursday 28th March

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| 7.30pm |  Eucharist of the Last Supper and feet washing followed by vigil |
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Good Friday 29th March

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| 10.00am |  An informal service followed by hot cross buns in the All Saints Centre |
| 11.15am | Act of Witness at Trinity Church |
| 2.00 – 3.00pm | The Final Hour led by The Very Reverend Geoff Miller |

Holy Saturday 30th March

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| 8.00pm | Easter Vigil and lighting of the Easter Candle beginning in the All Saints Centre |
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Easter Day 31st March

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| 8.00am | Holy Communion |  |
| 9.30am | Parish Communion | |
| 4.00pm | Faith @4 | |
| 6.30pm | Choral Evensong | |

Groups for all Ages

All Saints
Gosforth

Little Saints Toddler Group



Tuesdays 1.00 - 2.30pm
(during school term time)

Come along and join the fun at All Saints Centre West Avenue, Gosforth, NE3 4ES

Enjoy play, crafts, songs, stories and make new friends!

All parents/carers and children 0-5 welcome!

There is a baby area for the under ones and a healthy snack is provided.

Under six months: £1.00
Over six months: £3.00
Additional children: £1.00 each



For more information please contact the parish office (0191) 2130450



Sew, Knit and Natter
meet every Wednesday
10.00 – 12 noon in the
Upper Room

Can you sing?

The Church Choir meets to
practise every Thursday
evening new members are
always welcome.

Please contact our
Director of music John Lewis
johnnyonthekeyboards@gmail.com

Painting for fun



55 or over ?
Feeling Creative ?

Then why not come along to All Saints' church hall
and discover the pleasure of painting?

Novice or expert all are welcome - no obligation
.....just great fun.

All materials supplied.

Every Wednesday afternoon 2.00 – 4.00pm

All Saints' Church hall,
West Avenue,
GOSFORTH

For more details contact 0300 300 7070
(same cost as a local call)
0300 300 7070



Bell Ringers

We ring each Sunday for 9.30 Parish Communion and for Evening Prayer, also for weddings and special services. Our practice night is on Mondays from 7.30 to 9.00pm. All ages and abilities are welcome, and we are happy to teach learners.

Contact Yvonne Cairns
(0191) 239 9346

Christian Meditation Group

Meet every second Sunday at
5.15pm in the Upper Room,
All Saints Centre

SING *at the* Centre

Tuesdays, 3.00 – 4.00pm

in the Upper Room

Come join us!

The Film Group

meets in the Upper Room
on the last Friday of the
month. All are welcome to
the film which concludes
with a short reflection.



The Mothers' Union meet at 2.00pm in the
Main Hall, All Saints Centre, on the second
Monday of every month

Regular Worship at All Saints

Sunday

8.00am Early Communion

A quiet service using the traditional prayer book order which normally lasts about 40 minutes including a short service

9.30am Parish Communion

A sung service with choir, sermon and Sunday School (for 3-12s) which normally lasts about 65 minutes, and is followed by refreshments

Faith @4pm

Last Sunday of the month
A family Service in the All Saints Centre

6.30pm Evening Prayer/Choral Evensong

A reflective service for the end of the day. This service is sung by the choir once a month and said on other Sundays with hymns.
It usually lasts an hour.

10.15am Tuesday

Holy Communion

The Clergy Team

Vicar:

Revd Canon Andrew Shipton

33 Brackenfield Road

Tel: 2845540

andrew.shipton@allsaints-gosforth.org.uk

Assistant Curate:

Revd Dr Miriam Jones

St Hugh's Vicarage

Tel: 07474 095190

miriam.jones@allsaints-gosforth.org.uk

Assistant Priest:

Revd Ruth Birnie

Tel: 2841393

27 Delaval Terrace

ruth.birnie@allsaints-gosforth.org.uk

Resources for Prayer throughout the week

In Church

- **Morning Prayer** at 8.45am Monday – Thursday
- **9.45am Peaceful Reflection** followed by a service of Holy Communion at 10.15am on Tuesdays.

Resources for Daily Prayer at home or at work

You may find it helpful to use a structured form of prayer with a regular pattern of scripture, praise and prayers. Among the many books and websites which offer this, the following are recommended:

- **Common Worship: Daily Prayer** - contains a simple form of “prayer during the Day” as well as Morning, Evening and Night Prayer. Daily Prayer is available as a book or online.
- **Celtic Daily Prayer** - a book produced by the Northumbria Community; draws on the inheritance of many of our local saints.
- **Sacred Space** - a very simple form of prayer online, provided by the Irish Jesuits, using reflective reading of short passages of scripture: www.sacredspace.ie/
- **Oremus** - an Anglican website with prayer resources: www.oremus.org/
- **ReJesus** - an imaginative website with many good resources including a short form of daily prayer:

St Hugh's

Sundays 11.00am

Easter Day 11.00am

