



Lent, Holy Week & Easter 2025

Ash Wednesday	5 th March 2025
Mothering Sunday	30 th March 2025
Palm Sunday	13 th April 2025
Maundy Thursday	17 th April 2025
Good Friday	18 th April 2025
Easter Saturday	19 th April 2025
Easter Day	20 th April 2025

Please see enclosed a programme of special services and events for Lent Holy week and Easter.

**You can also visit our website at
www.allsaints-gosforth.org.uk**

All Saints Church, West Avenue, Gosforth, NE3 4ES

Lent 2025

The forty days of Lent are traditionally a time to reflect on our relationship with God and grow in self-awareness. There will be a range of opportunities to explore the meaning of this in both worship and groups as we prepare for the events of Holy Week and the great festival of Easter.



Wednesday 5th March 2025

8.45am Morning Prayer

7.30pm Eucharist with the Imposition of Ashes

Throughout Lent, Morning Prayer at 8.45am on
each weekday except Friday

Sundays in Lent

The Choir will sing the Lenten Prose at the end
of every Parish Communion service.

Evening Prayer at 6.30pm

On Sundays at Evening Prayer members of the congregation have been invited to reflect on *What difference does believing in God make to me?*

9th March	–	Luke Williams
16th March	–	Lee Best
23rd March	–	Claudia Newbegin
30th March	–	Felicity Shoemith
6th April	–	Andrew Cole

Do come and hear their reflections.

Lent Course: Exploring the Creeds

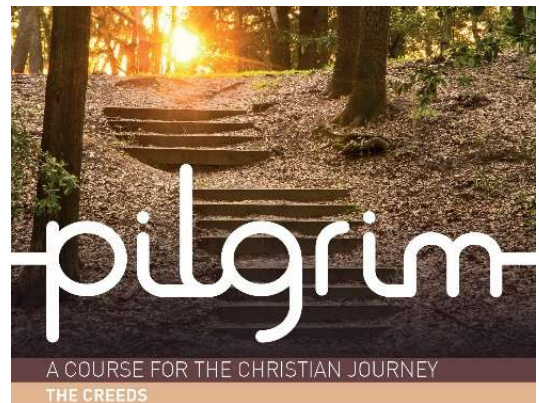
Our aim during Lent this year is to deepen our understanding of the Creed and the role of The Creeds in the life of the Church. We will use a course from the popular Pilgrim Series.

First written in the time of the early church, these summaries of the Christian faith have been used in worship ever since - and continue in use at All Saints today! What can these ancient texts mean for us in the twenty-first century? Our groups will face this question together, working through key topics of the Apostles' and Nicene Creeds. Each session includes prayer, a reading from the Bible, a reflection from a modern writer, and group discussion.

No expertise is required – only a willingness to explore and engage with what we affirm each Sunday.

Themes of the course over 5 weeks:

- What are the Creeds?
- God as Trinity
- Fully God and Fully Human
- Crucified, Risen, Ascended
- I Believe in the Holy Spirit



Wednesday Afternoon 2.00-3.30pm

First Session 12th March Last Session 9th April

Venue: 22 Woodbine Avenue, Gosforth

Friday Afternoon 3.30 – 4.45pm

First Session 14th March Last Session 11th April

Venue: Upper Room, All Saints Centre

We hope that as many people as are able will join a group.

Mothering Sunday 30th March at 9.30am.

The theme is the cost of loving.

Holy Week Reflections on the Lord's Prayer

Throughout Holy Week, on evenings with Compline on Monday, Tuesday and Wednesday – we will explore key themes from the Lord's Prayer:

- **Monday 14th April** – *Thy Kingdom Come*
Led by Miriam Jones
- **Tuesday 15th April** – *Forgive Us Our Trespasses as We Forgive*
Led by Ruth Birnie
- **Wednesday 16th April** – *Deliver Us from Evil*
Led by Andrew Shipton
- **Maundy Thursday 17th April** – *Give Us Our Daily Bread with the Eucharist of the Last Supper.*
Led by Adam Romanis

All Saints Eco Group

This year members of the Eco Group invite parishioners to think of ways they could reduce their carbon footprint during Lent (and maybe afterwards as well) and to write their pledge on a foot-shaped piece of paper which will be hung on the Lent Tree in the north porch. (Some may remember that we did this a few years ago when we focussed on reducing plastic waste.) At the end of Lent we will collect these in – it will be interesting to see what ideas our already very eco-conscious congregation come up with! Results will be shared in a later publication. No names of course!

HOLY WEEK



Please see our programme for the services on Holy Week remembering Maundy Thursday, Holy Saturday and Easter Sunday.

Holy Week

Palm Sunday 13th April

8.00am Holy Communion
9.30am Procession of Palms and Eucharist
3.00pm Holy Communion in the Centre
6.30pm Stations of the Cross

Monday 14th April

7.30pm Compline and address

Tuesday 15th April

9.45 – 10.15am Peaceful reflection
10.15am Holy Communion
7.30pm Compline and address

Wednesday 16th April

7.30pm Compline and address

Maundy Thursday 17th April

7.30pm Eucharist of the Last Supper
and feet washing followed by vigil



Good Friday 18th April

10.00am An informal service followed by hot cross
buns in the All Saints Centre
11.15am Act of Witness at Trinity Church
2.00 – 3.00pm The Final Hour
Led by Revd Adam Romanis



Holy Saturday 19th April

8.00pm Easter Vigil and lighting of the Easter
Candle beginning in the All Saints Centre

Easter Day 20th April

8.00am Holy Communion
9.30am Parish Communion
6.30pm Choral Evensong



Resources for Prayer throughout the week

In Church

- **Morning Prayer** at 8.45am Monday – Thursday
- **9.45am Peaceful Reflection** followed by a service of Holy Communion at 10.15am on Tuesdays.

Resources for Daily Prayer at home or at work

You may find it helpful to use a structured form of prayer with a regular pattern of scripture, praise and prayers. Among the many books and websites which offer this, the following are recommended:

- **Common Worship: Daily Prayer** – contains a simple form of “prayer during the Day” as well as Morning, Evening and Night Prayer. Daily Prayer is available as a book or online.
- **Celtic Daily Prayer** – a book produced by the Northumbria Community; draws on the inheritance of many of our local saints.
- **Sacred Space** – a very simple form of prayer online, provided by the Irish Jesuits, using reflective reading of short passages of scripture: www.sacredspace.ie
- **Oremus** – an Anglican website with prayer resources: www.oremus.org
- **ReJesus** - an imaginative website with many good resources including a short form of daily prayer: www.rejesusbook.com

Prayer Guides from the Diocese: In October 2024, the Diocese of Newcastle embarked on a 'Year of Seeking', with an invitation to spend time throughout the year in "prayer that helps us notice where God is working and to celebrate and amplify what we notice". To help us do this, the Diocese has produced a prayer guide which can be used individually or in groups. Copies are available at the back of church. Why not take one home and set aside some time each week throughout Lent to engage with one or more of the suggestions offered? If you do this, we would love to hear from you about what you discover: where are you noticing or encountering God in your context? Responses can be sent to the All Saints clergy, or direct to the Diocese at Church House, St. John's Terrace, North Shields, NE29 6HS.

St Hugh's

Sundays 11.00am
Easter Day 11.00am



Groups for all Ages

Little Saints is a toddler group for ages 0-5, meeting on Tuesday afternoons 1.00 – 2.30pm in the Centre during term time.

Church Choir sings every Sunday at the 9.30am service as well as monthly in the evening. All ages and levels of experience welcome. Contact John Lewis jonnyonthekeyboards@gmail.com

Coffee & Conversation meets in the All Saints Centre on Mondays 10.30 – 11.30am. It is for anyone who would like a coffee or tea and meet with friends or make new ones.

Mothers' Union at 2.00pm on 2nd Monday of the month in the Main Hall, All Saints Centre. Feel free to just turn up or contact Pam Taylor on 0191 284 7344.

Sew, Knit & Natter is a friendly group who meets in the Upper Room on Wednesday mornings knitting teddies, hats and clothes for charities. Contact Diane Henderson or Ann Tate via the Parish Office 213 0450

Bell Ringing On most Sundays 8 or 10 bells are rung. Contact Yvonne Cairns on 0191 239 9346

Film Group meets in the Upper Room, All Saints Centre on the last Friday of the month at 7.15pm.

Book Group meets on a Thursday bimonthly at Café Nero 4.00pm for reading, debating, discussion and laughter. Contact Karoline Wellborne on 0191 680 2757.

Art Group meets in the Upper Room, All Saints Centre every Wednesday 2.00 – 4.00. All Abilities welcome.

Fellowship Lunch meets monthly on a Sunday for lunch and fellowship in the Main Hall, All Saints Centre

Regular Worship at All Saints

Sunday

8.00am Early Communion

A quiet service using the traditional prayer book order which normally lasts about 40 minutes including a short service

9.30am Parish Communion

A sung service with choir which normally lasts about 65 minutes and is followed by refreshments

Faith @4pm

Last Sunday of the month
A family Service in the All Saints Centre

6.30pm Evening Prayer/Choral Evensong

A reflective service for the end of the day. This service is sung by the choir once a month and said on other Sundays with hymns. It usually lasts an hour.

10.15am Tuesday

Holy Communion

The Clergy Team

Vicar:

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