



Sunday 22nd February 2026
First Sunday of Lent

8.00am	Holy Communion
9.30am	Parish Communion
3.00pm	Messy Church in the All Saints Centre
6.30pm	Evening Prayer

St Hugh's

11.00am Parish Communion

Thought for the Day

Today we reflect on the experience of Jesus in the wilderness. Would you agree that temptation often looks attractive, like a ripe red apple, but when we give in, we discover that it is hollow and leaves us ashamed and unsettled? Jesus faced real and subtle temptation-shortcuts to power, popularity, and success-but he refused them, choosing instead the harder way of love, patience, and faithfulness. Because he was tempted as we are, he understands our struggles and has deep compassion for our weakness. This Lent, as we fall and begin again, we come to him for forgiveness, strength, and healing, trusting that in his restoring power there is always hope.

Andrew Shipton

Bible Readings and Hymns:

Old Testament: Genesis 2:15-17;

New Testament: Romans 5:12-19

Gospel: Matthew 4:1-11

Hymns

Processional	Green 393	Lead us, heavenly Father lead us
Gradual	Brown 210	O love that will not let me go
Offertory	Green 76	Take up thy cross, the Saviour said
Communion	Green 86	My song is love unknown
Recessional	Green 368	Guide me O thou great redeemer
Anthem		Turn Thy face from my sins – Attwood

Please join us for tea and coffee after the 9.30am Parish Communion Service, in the All Saints Centre, adjacent to the Church.

Presiding this week:

8.00am Holy Communion

Presiding Revd Canon Andrew Shipton

Preaching Revd Canon Andrew Shipton

9.30am Parish Communion

Presiding: Revd Canon Andrew Shipton

Preaching: Revd Canon Andrew Shipton

3.00pm Messy Church in the All Saints Centre

6.30pm Choral Evensong with address on 'the Heart of the Gospel'

Psalm 509:1-15 Hymns 67, 333, 445

A warm welcome to you if you are a newcomer. Please complete a green Contact Card and place it in the box provided, or hand it to one of the clergy or churchwardens.

Children in church: children are always welcome in church, and there is a dedicated Children's Corner at the back, with activities available for them to use there or take to their pews. They are also invited to enjoy drawing and activity sheets at the table at the back in the baptistery. We kindly ask that parents or guardians supervise their children both in the baptistery and in the Children's area.

Have you problems with mobility? Please let a steward know if you need assistance going up for communion, or would like communion to be brought to you.

Hard of hearing? If you use a hearing aid, please switch it to the 'T' position to use our loop system.

To gain access to the All Saints YouTube channel please go to:
<https://www.youtube.com/@allsaintsgosforth6306streams>

Prayer and Worship

Sunday: Services at 8.00am, 9.30am and 6.30pm

Monday, Tuesday & Thursday: 8.45am Morning Prayer in Church. Enter by South Porch
Tuesday's Holy Communion is at 10.15am in Church

Notices

Messy Church today at 3pm in the All Saints Centre.

Today at 6.30pm is Choral Evensong with the first in the series of addresses 'The Heart of the Gospel' given by Katherine Vacher-Day.

From Ash Wednesday until Easter you may chance across some footprints in church or the Centre. These are pledges made to reduce carbon /pollution footprints so could cover any area you wish. Footprints (and teardrops for our tree made by Beavers) have been made by our Uniformed organisations & other individuals. Please add your own to the box in the north porch! Thank you! *All Saints Eco-Group*

During Lent each church in Christians Together in Gosforth will provide a simple Lent lunch on Wednesdays. This Wednesday at 12 noon the lunch is at St Nicholas Church Hall, south Gosforth

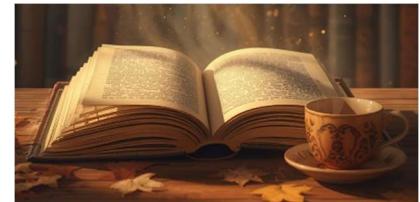
The Winter 2026 edition of *Keeping in Touch* is now available. Please do help to deliver to a street or two near you. Thank you.

Lent groups

If you are coming along to one of the Lent groups this week, please could you read the section entitled 'More on John 14:1-7' on pages 14-15 in the Lent book in preparation for session 1? But please don't worry if you don't have time to read it before your group meets - you will still be able to participate fully in the group!

Please see the leaflet for our programme for Lent and Easter. There are sheets to sign up for the Lent Group which start this Wednesday and Thursday. Lent books can be obtained from the office.

Book Sale: the next sale of secondhand books will be after the 9.30 am service on Sunday 8th March. Thank you to everyone who continues with their donations of books, and to those who buy them! *The Book Group*



The PCC met recently at a special session to discuss potential plans to upgrade the Centre. All agreed that the Centre needs improvement and with a couple of minor changes, have plans which we will be sharing over the coming weeks. The improvements include accessibility upgrades, like moving the kitchen into the space currently known as the Columba Room to make an allowance for a second large room on the ground floor. Delivering these upgrades will mean that we need to have a funding campaign to pay for the work. We will be sharing the proposed plans soon and will be arranging times for people to ask questions and find out more about what is proposed.

A **special afternoon service with Communion** will be held in the All Saints' Centre on Sunday, 29th March, for people unable to attend our regular services. This will be followed by afternoon tea accompanied by the Semitones Orchestra. If you know of anyone who would like to attend and would need transport to the service, please contact Lesley Atkinson, 07484195492. If you could **offer to help** during the afternoon by welcoming, baking, driving or serving tea, please sign the list at the back of church.

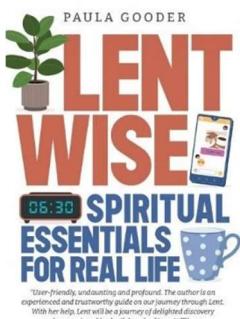
As the weather gets better (hopefully), it is a good time to get out into the garden. When the ground is less waterlogged, clear away any dead foliage and spread mulch to at least 2-3 inches (5-10cm) thick. Mulch suppresses weeds and acts a warm blanket for the soil. It adds nutrients and stops soil being washed away by rain. Examples of mulch are well rotted manure, mushroom and/or garden compost. Apparently, Monty Don likes pine bark! No garden? Remember that window boxes and pots benefit from a mulch too!

Also, if there are any fallen branches lying around, make a stack in a shady spot and as they rot down, they will provide a great habitat for garden wildlife.

The Eco Group

News from St Hugh's:

- Revd Ruth Birnie is leading worship today.
- The first wedding at St Hugh's for more than a decade will take place in June. Our best wishes to Emma and Jake.



Please sign up for the Lent groups on Wednesdays and Thursdays. There are sheets at the back of the church. There are copies of LentWise available in the office. Each book is £9.

Fairtrade Chocolate Easter Eggs

Louise from Trinity has offered to bulk buy fairtrade chocolate easter eggs for All Saints as well as Trinity congregations. See below for prices, examples may be available for you to see at some parish breakfasts during lent.

Real Easter Eggs from The Meaningful Chocolate Company

Original Milk or Dark - with the new Easter Story booklet - £5.50

Or Dark - £6.50

Easter Blessings Bars – £3.00

Fun pack - 6 wrapped foil eggs in a green eggbox - £6.00

Divine chocolate

15 milk chocolate mini eggs filled with either smooth caramel or hazelnut praline - £8.99



You can order from:

Louise Mabbs - Voluntary Fairtrade Rep at Trinity URC/Methodist

Church louise.mabbs.textiles@gmail.com 07888 238 998

Please order early Easter Sunday is April 5th.

Mission of the Month for February

New to the UK Based in North Shields Baptist Church provide support for asylum seekers and refugees. churchestogethernorthshields.org



Don't forget, you can also shop in-person and still raise donations:

1. Click on 'in-store' at the bottom of your app screen
2. Follow the on screen instructions to add your bank card
3. Shop in person at participating stores such as

Tesco - John Lewis - Sainsbury - Hotel Chocolat and *many more*

Please speak to me if I can help you use the 'easyfundraising' app or update it.

Diana Lavin

Weekly Small Group Events

Coffee and Conversation in the Centre Mondays from 10.30am – 11.30am in the All Saints Centre. Please come along and join our companionable group.

Little Saints Pre-School Children and Parents/Carers Group Tuesdays 1.00 – 2.00pm in the All Saints Centre.

SING at the **Centre Tuesdays** from 2:30 in the Upper Room for refreshments. Looking forward to seeing you all. Diana Lavin

Sew, Knit and Natter. This friendly group of knitters, ranging from the totally inexperienced to the very skilled, meets each Wednesday morning from 10-12 in the upper room of the Centre. There is plenty of knitting and nattering, with coffee and biscuits always provided. All are welcome. If you would like to know any more about the group, do ring me on 07474040267, or you can just turn up and see what we do. Diane Henderson.

Donations



We now have a number of ways to donate to All Saints online:

By QR code. Simply hold your mobile phone camera over the code, follow the link to your browser and follow on-screen instructions

Or go to:

<https://givealittle.co/campaigns/8ecfe5b6-18c7-4179-aba0-2ebc43a82f7b>

Contact us

Vicar of All Saints and Priest in Charge of St Hugh's Rest Day: Saturday	Andrew Shipton	284 5540	andrew.shipton@allsaints-gosforth.org.uk
Assistant Priest Not available on Wednesdays	Ruth Birnie	284 1393	ruth.birnie@allsaints-gosforth.org.uk
Director of Music	John Lewis	07981 156751	jonnyonthekboards@gmail.com
Churchwarden	Joyce Jennings		
Churchwarden	Dana Corso	07909 456577	Dana.corso@allsaints-gosforth.org.uk
Treasurer	Contact the Parish Office		
Safeguarding Officer	Kath Davies	07880 618911	kath.davies@allsaints-gosforth.org.uk
Parish Administrator	Louise Waugh	0191 213 0450	post@allsaints-gosforth.org.uk



Sunday 22nd February

3.00 - 4.00pm

Theme: Jesus in the Desert

**Join us for a story, crafts
and food.**

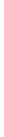
in the
All Saints Centre
NE3 4ES



Tel 0191 2130450
for more details

JOIN US FOR

EVENING PRAYER IN LENT



All Saints
Gosforth

All Saints Church

West Avenue, Gosforth

1.30pm

Refreshments



Nigeria 2026



INFORMED PRAYER PRAYERFUL ACTION
24-7 365 Days a year Prayer movement Ecumenical International Women-led
Registered Charity Number 233242
wwdp.org.uk



On Sunday Evenings
speakers reflect on
*'What is at the
heart of the Gospel'
at 6.30pm*

22nd February

Katherine Vacher-Day

1st March

Revd Paul Baker

8th March

Revd Bill Miller

15th March

Revd Malcolm Railton

22nd March

Dr Ce Pacitti

Photo by Anthony McKenna

Farmers' Market

Save the Date!

Mar 21

May 16

Jul 18

Sept 19

Nov 21

10am - 2pm

All Saints Church
West Ave/Linden Road
NE3 4ES

"Fresh & Local, That's Your Market!"