

Lent & Easter 2026

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Ash Wednesday	18th February
Mothering Sunday	15th March
Palm Sunday	29th March
Maundy Thursday	2nd April
Good Friday	3rd April
Holy Saturday	4th April
Easter Day	5th April

Please see enclosed a programme of special services and events for Lent, Holy week and Easter.

You can also visit our website at
www.allsaints-gosforth.org.uk

Lent 2026

Lent is a season in the Christian year that leads up to Easter and encourages people to slow down and reflect. It starts on Ash Wednesday and lasts forty days, remembering the time Jesus spent fasting in the desert. During Lent, many people choose to pray more, give something up, or help others. It's a time to seek God afresh and focus on what really matters. We hope the following programme will help you keep a Holy Lent.



Wednesday 18th February 2026

**8.45am Morning Prayer
7.30pm Eucharist with the Imposition of Ashes**

**Throughout Lent, Morning Prayer at 8.45am on
each weekday except Friday**

Sundays in Lent

The Choir will sing the Lenten Prose at the end
of every Parish Communion service.

Evening Prayer at 6.30pm

On Sunday Evenings speakers have been invited to reflect on *What is at the heart of the Gospel* .

22nd February	– Katherine Vacher-Day
1st March	– Revd Paul Baker
8th March	– Revd Bill Miller
15th March	– Revd Malcolm Railton
22nd March	– Canon Dr Ce Pacitti

Do come and hear their reflections.

Lent Course:

Lent Groups will study *Lentwise: Spiritual Essentials for Real Life* by Paula Gooder. The course recognises that as we journey through life, we face challenges both big and small. Lentwise is a five - session course which helps us deal with the rigours of real life. Do join a group.

Wednesday Afternoon 2.00-3.30pm

First Session 25th February Last Session 25th March

Venue: 103 Kenton Road, Gosforth

Thursday Afternoon 2.00 – 3.30pm

First Session 26th February Last Session 26th March

Venue: Upper Room, All Saints Centre

We hope that as many people as are able will join a group.

Churches Together in Gosforth are this year providing Lent Lunches 12 - 1pm on a Wednesday



25 th February	St Nicholas's Hall
4 th March	Trinity Church
11 th March	St Charles Church
18 th March	Quaker Meeting House
25 th March	All Saints Centre

*Lent devotions followed by a simple lunch of
vegetable soup & bread roll. Tea & coffee*



Everyone welcome

Donations, if desired, for People's Kitchen



Mothering Sunday 15th March at 9.30am.

Holy Week: A series of Addresses before Compline

Three talks each drawing on a different dimension of the Office of Compline.

- **Monday 30th March** – Talk 1: “Forgiven Before the Night” - The Examination of Conscience at Compline
Led by Revd Adam Romanis
- **Tuesday 31st March** – Talk 2 ' Into Your Hands" - The Spirituality of Surrender
Led by Revd Ruth Birnie
- **Wednesday 1st April** – Talk 3: “While I Sleep, My Heart Keeps Watch”- Watching and Waiting.
Led by Canon Andrew Shipton

Good Friday 2.00pm - The Final Hour will be led by Canon Richard Bryant formerly Principal of the Newcastle Diocesan Local Ministry Scheme

All Saints Eco Group

Over the past year the Eco Group have been looking at how to increase our knowledge on the individual actions we can all take that collectively will help reduce our carbon footprint and help to look after our environment. There have been regular top tips in the weekly newsletter, a talk on what happens once our Blue Bin waste has been collected, a prayer walk giving us an opportunity to notice nature around All Saints as well as a wide range of actions taken by individuals. Many of these ideas came from members of the congregation as part of thinking about how they planned on reducing their carbon footprint - with people making pledges last year as part of Lent. A year on we would like to ask again for your suggestions, on a footprint and we will display your ideas around church, and use them to help inform plans over the coming months. You could draw round your own foot or be creative and develop one from recycled material. There will be a box at the back of church for you to put your contribution in.

HOLY WEEK

Please see our programme for the services on Holy Week remembering Maundy Thursday, Holy Saturday and Easter Sunday.

Palm Sunday 29th March

8.00am	Holy Communion
9.30am	Procession of Palms and Eucharist
3.00pm	Holy Communion in the Centre
6.30pm	Stations of the Cross

Monday 30th March

7.30pm	Address with Compline
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Tuesday 31st March

9.45 – 10.15am	Peaceful reflection
10.15am	Holy Communion
7.30pm	Address with Compline

Wednesday 1st April

7.30pm	Address with Compline
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Maundy Thursday 2nd April

7.30pm	Eucharist of the Last Supper and feet washing followed by vigil
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Good Friday 3rd April

10.00am	An informal service followed by hot cross buns in the All Saints Centre
11.15am	Act of Witness at Trinity Church
2.00 – 3.00pm	The Final Hour Led by Canon Richard Bryant

Holy Saturday 4th April

8.00pm	Easter Vigil and lighting of the Easter Candle beginning in the All Saints Centre
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Easter Day 5th April

8.00am	Holy Communion
9.30am	Parish Communion
6.30pm	Choral Evensong

Resources for Prayer throughout the week

In Church

- **Morning Prayer** at 8.45am Monday – Thursday
- **9.45am Peaceful Reflection** followed by a service of Holy Communion at 10.15am on Tuesdays.

Resources for Daily Prayer at home or at work

You may find it helpful to use a structured form of prayer with a regular pattern of scripture, praise and prayers. Among the many books and websites which offer this, the following are recommended:

- **Common Worship: Daily Prayer** – contains a simple form of “prayer during the Day” as well as Morning, Evening and Night Prayer. Daily Prayer is available as a book or online.
- **Stations of the Cross devotion** – a set of short meditations and prayers you can use during Lent at home:
theanglicananchoreess.com/stations-of-the-cross
- Your Daily Prayer online sacredspace.com/daily-prayer
- **Sacred Space** – a very simple form of prayer online, provided by the Irish Jesuits, using reflective reading of short passages of scripture:
www.sacredspace.ie

The Church of England's theme for Lent 2026 is **Draw Near: Life-giving habits for Lent**. This year's resources for personal refection have at their heart the theme of a 'rhythm of life' – habits and patterns which help us grow as disciples of Christ day by day, especially as we prepare to celebrate the great mystery of God's saving love at Easter.
churchofengland.org/faith-life/what-we-believe/lent-holy-week-and-easter/draw-near-life-giving-habits-lent

St Hugh's
Sundays 11.00am
Easter Day 11.00am



Groups for all Ages

Little Saints is a toddler group for ages 0-5, meeting on Tuesday afternoons 1.00 – 2.30pm in the Centre during term time.

Church Choir sings every Sunday at the 9.30am service as well as monthly in the evening. All ages and levels of experience welcome. Contact John Lewis jonnyonthekeyboards@gmail.com

Coffee & Conversation meets in the All Saints Centre on Mondays 10.30 – 11.30am. It is for anyone who would like a coffee or tea and to meet with friends or make new ones.

Mothers' Union at 2.00pm on 2nd Monday of the month in the Main Hall, All Saints Centre. Feel free to just turn up or contact Pam Taylor on 0191 284 7344.

Sing at the Centre Meets every Tuesday from 2.30pm in the Upper Room.

Sew, Knit & Natter is a friendly group which meets in the Upper Room on Wednesday mornings knitting teddies, hats and clothes for charities. Contact Diane Henderson or Ann Tate via the Parish Office 213 0450.

Bell Ringing On most Sundays 8 or 10 bells are rung. Contact Yvonne Cairns on 0191 239 9346.

Film Group meets in the Upper Room, All Saints Centre on the last Friday of the month at 7.15pm.

Book Group meets monthly at Café Nero 4.00pm for reading, debating, discussion and laughter. Contact Karoline Wellborne on 0191 680 2757.

Art Group meets in the Upper Room, All Saints Centre every Wednesday 2.00 – 4.00pm. All abilities welcome.

Fellowship Lunch meets monthly on a Sunday for lunch and fellowship in the Main Hall, All Saints Centre.

Regular Worship at All Saints

Sunday

8.00am Early Communion

A quiet service using the traditional prayer book order which normally lasts about 40 minutes including a short service

9.30am Parish Communion

A sung service with choir which normally lasts about 65 minutes and is followed by refreshments

3.00pm Messy Church

Last Sunday of the month
in the All Saints Centre

6.30pm Evening Prayer/Choral Evensong

A reflective service for the end of the day.

This service is sung by the choir once a month and said on other Sundays with hymns. It usually lasts an hour.

10.15am Tuesday

Holy Communion

The Clergy Team

Vicar:	Revd Canon Andrew Shipton 33 Brackenfield Road Tel: 2845540 andrew.shipton@allsaints-gosforth.org.uk
Assistant Priest:	Revd Ruth Birnie Tel: 2841393 ruth.birnie@allsaints-gosforth.org.uk
Honorary Priest:	Revd Adam Romanis Adam.romanis@btinternet.com